



Services of the San Francisco Public Utilities Commission



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ADOPTED MINUTES
SOUTHEAST COMMUNITY FACILITY COMMISSION
Community Programs Advisory Committee
January 8, 2024
12:00 noon to 2:00 p.m.

1. Call to Order and Land Acknowledgement: 12:01 p.m.

2. Roll Call:

Present: Posey, Tran, ONeal, Wade-Thompson
Excused: Mezie, Summers

3. General Public Comment: None.

4. Adoption of Minutes – November 13, 2023.

Moved: ONeal Second: Wade-Thompson
Ayes: Posey, Tran, ONeal, Wade-Thompson

Public Comment: None

5. Mental Health Quarterly Series (Discussion) (Nzerem)

(Ifey Nzerem, Owner, Healthy Beginnings Psychotherapy)

Ms. Nzerem provided a presentation and led a discussion regarding a quarterly series on Mental Health that she is proposing to present to the Bayview community. The workshops will be on a Saturday and last from 1 – 2 hours.

Ms. Nzerem is a social worker, career coach trainer, and facilitator. She is the founder and CEO of Healthy Beginnings Psychotherapy, a behavioral health tele-therapy service.

During 2023 Ms. Nzerem hosted panels and workshops that dealt with pressing issues surrounding Black Americans dealing with mental health.

Ms. Nzerem advised she is interested in bringing mental health workshops to the Bayview community.

1st Workshop – Exploring black mental health and the stigmas that come with it.

2nd Workshop – Mindfulness based stress management workshop.

3rd Workshop – Binge eating disorders addressing weight and body image.

4th Workshop – Recognizing the causes of holiday blues and self-care.

London N. Breed
Mayor

Emily Pharr
Executive Director

Susan Murphy
Chair

Dr. Gina Fromer
Vice-Chair

Karen Chung
Commissioner

Chika Mezie
Commissioner

Damien Posey
Commissioner

Amerika Sanchez
Commissioner

Marlene Tran
Commissioner



Questions and Comments from Commissioners and Community Committee Members:

Commissioners had questions regarding the fees that might be involved.

- Ms. Nzerem advised she would like to provide services free to the community, however her workshops were fee based and she was interested in a partnership with the community center where there may be seed money available. She also requested suggestions from the Commissioners regarding other organizations that might be interested in a partnership.

Commissioner Posey suggested contacted Rafiki Wellness and Third Street Youth Clinic.

- Ms. Nzerem said she would like to begin in the summer of 2024 and provide a workshop every 3 months.

Executive Director Pharr invited Ms. Nzerem to calendar time for a discussion to further discuss what community partners might be available to partner in this effort.

Tandia ONeal, community committee member said she attended an event facilitated by Ms. Nzerem and noted the importance of providing this information to the community.

Public Comment: None.

6. Tenant Partners Community Resource Fair Update:(Washington)

Elise Washington, SECC Resident Partner Liaison

Ms. Washington provided an update from an idea posed by Commissioner Mezie to host an event to bring more awareness to the resident partners and the services they provide. She reported an Open House is being planned for early spring to introduce the community to the Child-Care, Workforce Development, Mental Health Services, Small Business Services, and Entrepreneur Assistance.

Ms. Washington requested involvement from the Commissioners and the community members to participate in the planning. She also asked Commissioner Posey to provide information regarding the planning progress to the full Commission. In closing she requested participation to help increase the presence of the resident partners by following, reposting, and engaging on social media.

Questions and Comments from Commissioners and Community Committee Members:

Commissioner Tran said it would be helpful to have a monitor located downstairs to help guide the public to the various programs.

- Staff advised work is ongoing to provide a listing of all of the programs that are running in the building and their timelines.

Public Comment: None.

7. Interim Use Update: (Esterbrooks)

Anthony Esterbrooks, Landscape Architect, Department of Public Works

Mr. Esterbrooks provided an update and a recap of previous Commission meetings. There was a review of survey results, a discussion regarding programming, and a review of the design concepts.

The goal of the project is to activate and program the outdoor area at Newhall/Evans.

After viewing several options there was a discussion regarding which features resonated with the committee.

Questions and Comments from Commissioners and Community Committee Members:

The Commissioners were interested in the community table and also light court area.

Ms. Wade Thompson, community committee members were interested in the possibility of sharing architectural experience with classes from the local elementary schools. She added the San Francisco Youth Empowerment Fund grant is available through Urban Services and the YMCA. She reported a student from the community wrote a grant and was able to create a garden. This individual is now in his 2nd year at UC Berkely majoring in engineering. She noted access to these types of programs enhances the mathematical skills of students.

- Jennifer Ly, SFPUC staff noted there are so many possibilities that can come out of a project like this. She noted the possibility for exercise equipment, community art and other ideas provided by the community surveys.

Public Comment: None.

8. Director's Report: (Pharr)

Emily Pharr, SECC Executive Director

Executive Director Pharr reminded everyone to be aware of our social media presence on Instagram, Facebook, and Yelp.

The announced the Parkinson Event and encouraged everyone to help spread the word about all events at the Center. She noted interest in the Center continues to be high and there will be a lot of activities for Black History Month.

Public Comment: None.

9. New Committee Business:

Commissioner Tran requested incorporating Lunar New Year Celebrations into upcoming Center events.

Public Comment: None.

10. Announcements:

100 Black Men sponsoring a community Diabetes event-
MLK Oratorical Contest Event-
African American Honor Roll in February-

Public Comment: None.

11. Adjournment:

The meeting adjourned at 1:20 p.m.

The next meeting of the Community Programs Advisory Committee is scheduled for February 12, 2024.

Assigned Commissioners: Damien Posey/ Chika Mezie/ Marlene Tran

Community Members: Joy Ceniza/ Tandia O'Neal/ Emily Wade-Thompson/ Kathryn Summers